

Outdoor Yoga Series

Start your weekend with the mindful breathing, gentle meditation and a flowing sequence of yoga postures designed to energize your body and calm your mind.

Surrounded by fresh air and scenic views, this outdoor series at Powerhouse Park in Tuxedo is for all levels, ages 10 and up.



Join our Certified Yoga Instructors,
Dina Comolli-Samargian & Kenda Lynn

every Saturday.

September 6 w/ Kendra

September 13 w/ Dina

September 20 w/ Kendra

September 27 w/ Dina

October 11 w/ Kendra

October 18 w/ Dina

For more information, contact
krmetcalf@tuxedogov.org or
visit the Parks & Recreation
page on the Town of Tuxedo
website

15.00 per class.
75.00 for the series.
Ages 10 and older

Register Today!

